

27<sup>th</sup> – 29<sup>th</sup> January





# 2023 Rules & Regulations

### **Team Guide**



### FLNS

# Euro Meet 2023



### 27<sup>th</sup> – 29<sup>th</sup> January

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The Euro Meet OC reserves the right to cancel the competition on a short notice if the COVID-19 situation requires such a decision and/or based on governmental recommendations. In such a situation, the entry fees will be reimbursed to the clubs.

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### 1 Event key dates

**November 1<sup>st</sup>, 2022** registration opening

http://app.euromeet.lu/

**January 9<sup>th</sup>, 2023** registration closing at midnight

reservation deadline for meals reservation deadline for transport payment deadline for entry fees

**January 25<sup>th</sup>, 2023** Team leaders meeting at 20h00 via ZOOM

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#### 2 Introduction

This document includes the regulations and all other important information regarding the 23<sup>rd</sup> Luxembourg Euro Meet 2023 to assist you to organize yourself in the best possible way for and during your trip to Luxembourg.

Please check out for updates on the official website and on our Facebook page

www.euromeet.lu www.facebook.com/luxembourgeuromeet

The 23<sup>rd</sup> Euro Meet 2023 is a FINA approved qualifying event for the FINA World Championships in Fukuoko (Japan) in 2023.

The organiser of the Luxembourg Euro Meet is the Luxembourg Swimming Federation (FLNS) and its members. The official address is:

Organising Committee (OC) Luxembourg Euro Meet c/o Fédération Luxembourgeoise de Natation et de Sauvetage (FLNS) 3, route d'Arlon L-8009 Strassen Grand-Duchy of Luxembourg

Tel: +352 43 50 89 E-mail: euromeet@flns.lu

The event takes place at the Aquatic center of d'Coque, full name "Centre National Sportif et Culturel d'Coque". The address of d'Coque is:

2, rue Léon Hengen L-1745 Luxembourg www.coque.lu





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### 3 Regulations

### 3.1 Rules/Regulations

The 23<sup>rd</sup> Luxembourg Euro Meet 2023 will be held under the rules of FINA and the Luxembourg Swimming Federation (FLNS). Every swimmer who is member of a team, club or national federation, registered with FINA, may participate.

#### 3.2 Pool

The competition pool is a 50m pool with 10 lanes, depth is 2,20m throughout and the water temperature is 26°C. Time keeping is operated by electronic Swiss Timing.

Additionally, a six lane 50m training pool and a 25m warm-up pool are available in the same building throughout the meeting.

### 3.3 Age categories entries

The age categories of the Euro Meet 2023 are the following:

	Men	Women
Youth	2007/2008	2008/2009
Junior	2005/2006	2006/2007
Open	2004+	2005+

No entries are accepted for girls born after 2009 and boys born after 2008.

#### 3.4 Events and Time Standards

The 2023 edition of the Luxembourg Euro Meet includes 34 individual events and 2 relay events. In all 34 individual events the three age categories "Youth", "Junior" and "Open" will be applied.





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	P	rogram	2023			Time Standard	
Friday, 27 <sup>th</sup> January 2023				Open	Junior	Youth	
1	400m Individual Medley	W	direct finals	60 fastest times	05:21,15	05:37,00	05:48,00
2	400m Individual Medley	М	direct finals	60 fastest times	04:50,85	05:07,80	05:17,90
3	200m Butterfly	W	heats	120 fastest times	02:26,55	02:35,10	02:40,20
4	200m Butterfly	М	heats	120 fastest times	02:12,50	02:20,25	02:24,85
5	800m Freestyle	W	direct finals	40 fastest times	09:30,00	10:00,00	10:20,00
6	1500m Freestyle	М	direct finals	30 fastest times	17:00,00	17:40,00	18:10,00
7	100m Backstroke	W	heats		01:08,30	01:12,25	01:14,60
8	100m Backstroke	М	heats		01:01,60	01:05,20	01:07,30
9	50m Butterfly	W	heats		00:30,05	00:31,80	00:32,85
10	50m Butterfly	М	heats		00:26,65	00:28,20	00:29,15
	Saturda	ay, 28 <sup>th</sup>	January 2023	1	1		
11	50m Breaststroke	W	heats		00:35,70	00:37,75	00:39,00
12	50m Breaststroke	М	heats		00:31,25	00:33,10	00:34,15
13	50m Backstroke	W	heats		00:32,40	00:34,30	00:35,40
14	50m Backstroke	М	heats		00:28,90	00:30,60	00:31,60
15	200m Freestyle	W	heats	120 fastest times	02:13,00	02:19,00	02:26,00
16	200m Freestyle	М	heats	120 fastest times	02:02,00	02:06,50	02:13,50
17	100m Butterfly	W	heats		01:06,55	01:10,45	01:12,75
18	100m Butterfly	М	heats		00:59,30	01:02,80	01:04,50
19	200m Breaststroke	W	heats	120 fastest times	02:46,50	02:56,00	03:00,00
20	200m Breaststroke	М	heats	120 fastest times	02:29,15	02:37,85	02:43,05
21	50m Freestyle	W	heats		00:28,30	00:29,50	00:30,50
22	50m Freestyle	М	heats		00:25,00	00:26,50	00:27,50
23	1500m Freestyle	W	direct finals	30 fastest times	18:44,00	19:28,95	20:02,30
24	800m Freestyle	М	direct finals	40 fastest times	08:57,40	09:18,90	09:34,70
25	4x100m Freestyle	Mixed	direct finals			N/A	N/A
	Sunda	<b>y, 29</b> <sup>th</sup> J	anuary 2023		<b>.</b>		
26	400m Freestyle	W	heats	60 fastest times	04:42,20	04:51,00	04:58,00
27	400m Freestyle	М	heats	60 fastest times	04:18,00	04:28,00	04:34,00
28	100m Breaststroke	W	heats		01:16,85	01:21,35	01:24,05
29	100m Breaststroke	М	heats		01:08,65	01:12,65	01:15,00
30	200m Backstroke	W	heats	120 fastest times	02:27,95	02:36,00	02:40,50
31	200m Backstroke	М	heats	120 fastest times	02:13,95	02:21,75	02:25,00
32	200m Individual Medley	W	heats	120 fastest times	02:31,00	02:41,00	02:46,00
33	200m Individual Medley	М	heats	120 fastest times	02:16,15	02:24,10	02:28,85
34	100m Freestyle	W	heats		01:01,70	01:05,00	01:07,00
35	100m Freestyle	М	heats		00:55,00	00:57,00	01:00,00
36	4x100m Medley	Mixed	direct finals			N/A	N/A

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- a) 800m Freestyle
   Direct final with maximum 40 swimmers (4 heats) selected based on the 30 fastest
   overall entry times, next 5 fastest entry times Junior and next 5 fastest entry times
   Youth
- b) 1500m Freestyle
   Direct final with maximum 30 swimmers (3 heats) selected based on the 20 fastest overall entry times, next 5 fastest entry times Junior and next 5 fastest entry times Youth
- c) 400m Freestyle / Individual Medley
   Maximum 60 swimmers (6 heats) selected based on the 50 fastest overall entry
   times, next 5 fastest entry times Junior and next 5 fastest entry times Youth

Direct finals for all age categories	Events 1, 2, 5, 6, 23, 24, 25, 36
A-finals only for the 10 fastest swimmers of	Events 26, 27
the heats, regardless of age category	
A- and B-finals for the fastest 20 swimmers of	all other events
the heats, regardless of age category	

The entry times shall be 50m pool times and not older than January 1<sup>st</sup>, 2022. The OC will verify the indicated entry time and reserves the right to reject entries with older or non-verifiable times.

Each entry NOT accompanied by an official written confirmation, stating where and when the time has been realised, will be rejected.

To guarantee a fluid competition, a maximum of 3.000 entries will be accepted. The OC reserves the right to exclude entries after closing of registration.

The organizer reserves the right to allocate several starts to swimmers affiliated to the FLNS, regardless of entry time.

#### 3.5 Classification

#### 3.5.1 Individual and relay classification

Classification in the age categories "Youth" and "Junior" will be made according to the results in the heats/direct finals.

Classification in the "Open" category will be made according to the results in the A-finals/direct finals.

In the relay events a classification will be made in the "Open" category only.



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#### 3.5.2 Team classification

The team classification will be made according to the best thirty (30) individual results (as per actual FINA points-table) for each team realised during the heats only. For teams having less than 30 starts all results will be considered.

The team classification prize ceremony will take place on Sunday afternoon before the start of the afternoon session. The teams ranked  $1^{st}$ ,  $2^{nd}$  and  $3^{rd}$  must send at least 4 representatives to participate in this ceremony.

#### 3.6 Event schedule

#### 3.6.1 Warm-up and training

Competition pool: warm-up and training in the competition pool ar possible from Friday to Sunday from one and a half hour until 15 minutes before the start of each session.

Training pool (6x50m): warm-up and training are possible as follows:

- Wednesday from 18h00 until 21h00 (only with booking via the Euro Meet App)
- Thursday from 10h00 until 20h00
- Friday, Saturday and Sunday from 7h00 until 30 minutes after the end of the competition
- Monday from 8h00 until 12h00 (only with booking via the Euro Meet App).

#### 3.6.2 Preliminary Competition Schedule

Heats will be divided into groups of slower and faster heats.

The morning session will start with the group of faster heats. Later on, slower heats and direct finals will follow.

Finals will be divided in A- and B-Finals.

The afternoon will start with all B-Finals. A-Finals will follow.

Please check out on our website.

#### 3.6.3 Program

In principle the competition will take place according to the preliminary schedule in 3.6.2 and published on the website. The starting times of the sessions may be changed depending on the number of entries. A detailed preliminary schedule of the competition will be published on the official website approximately one (1) week before the start of the event.

www.euromeet.lu





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#### 3.7 Prizes

Overall, the Luxembourg Euro Meet offers € 23.000,- of prize money. In the age category "Open" prize money will be paid in all events to the first three winners of the A-Finals and Direct Finals.

#### Individual and relay events

#### Team classification

#### Records

World Record: € 3.000, European Record: € 2.000, World Junior Record: € 750, European Junior Record: € 500, Meet Record: € 300,-

Prize money for all records is not cumulative and is paid for the most valuable record once per event per athlete.

In the age groups "Junior" and "Youth", medals will be awarded to the first three swimmers of each event. To be awarded the prizes and medals, the time standards fixed by the OC must be reached and the swimmer has to attend the victory ceremony.

### 3.8 Entry fees

The entry fees are as follows:

- One-time entry fee per team, club or national federation: € 50,-
- Entry fee for an individual event: € 15,-
- Entry fee for a relay event: € 25,-
- Bank charges on behalf of the team, club or federation

### The entry fees have to be paid latest by Monday January 9<sup>th</sup>, 2023 via bank transfer to the following account:

Account owner: FLNS – Euro Meet Bank: Comptes Chèques Postaux BIC/SWIFT: CCPLLULL IBAN LU98 1111 1753 6485 0000 The OC accepts as well the following credit cards Visa, MasterCard and V-Pay.



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#### 3.9 Withdrawals before event

Upon entry deadline, January 9<sup>th</sup>, entry lists will be established as soon as possible. In relation with events 1, 2, 5, 6, 23, 24, 26 and 27 the entry lists will include 10 reserve swimmers.

- 6 Open category swimmers
- 2 Junior category swimmers
- 2 Youth category swimmers

As soon as a withdrawal has been received prior to the Team Leaders Meeting on January 25<sup>th</sup>, 2023, the respective entry lists will be updated and reserve swimmers will be assigned.

Following the Team Leaders Meeting, start lists for events 1, 2, 5 and 6 will be established and published.

Withdrawals for events 23 and 24 can be made until Friday, January 27<sup>th</sup>, 2023 at 18h00.

Withdrawals for events 26 and 27 can be made until Saturday, January 28<sup>th</sup>, 2023 at 14h00.

### 3.10 Registration deadline

The registration for the 23<sup>rd</sup> Luxembourg Euro Meet will open on November 1<sup>st</sup>, 2022 and can only be done online via the registration application: <a href="http://app.euromeet.lu/">http://app.euromeet.lu/</a>

For a detailed description on how to register please refer to the "Online registration procedure" available on the Euro Meet website.

Registration closes on Monday January 9th, 2023 at midnight.



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#### 4 Event Guide

#### 4.1 Accommodation

The Euro Meet has 3 official hotels which offer special rates for the teams participating in the competition. Special rates will be applied when using booking forms available on the official website <a href="www.euromeet.lu">www.euromeet.lu</a> and are only guaranteed until December 31st, 2022. Other, more expensive rates may apply after that deadline.

All hotels must be booked directly using a special booking form available on our website. The form has to be sent directly to the hotel with a copy to the OC (e-mail: <a href="mailto:euromeet@flns.lu">euromeet@flns.lu</a>).

The following rates per room/night will only apply when booking by using the Euro Meet booking form:

#### 4.1.1 Novotel Luxembourg-Kirchberg

Quartier Européen Nord - Plateau de Kirchberg 6, rue Fort Niedergrünewald L-2226 Luxembourg

Tel: +352 42 98 48

Novotel is in walking distance from the swimming pool.

	Acc	Accommodation – Rate per night:			
Breakfast Only Half Board Full Board					
Single	€ 125,-	€ 149,-	€ 173,-		
Double	€ 142,-	€ 190,-	€ 238,-		
Triple	€ 159,-	€ 231,-	€ 303,-		

#### 4.1.2 Hotel Melia

1 Park Dräi Eechelen L- 1499 Luxembourg

Tel: +352 27 33 31

Hotel Melia is only 5 minutes by Tram, public transportation and free of charge, 2 stations away from the swimming pool.

Thursday	Accommodation - Rate per night:		
26.01.2023	Breakfast Only	Half Board	Full Board
Single	€ 155,-	€ 190,-	€ 220,-
Double	€ 175,-	€ 245,-	€ 305,-

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Friday - Sunday	Accommodation - Rate per night:		
27 - 29.01.2023	Breakfast Only	Half Board	Full Board
Single	€ 135,-	€ 170,-	€ 200,-
Double	€ 155,-	€ 225,-	€ 285,-

#### 4.1.3 Hotel InnSide Luxemburg

2 Rue Henri M. Schnadt L-2530 Luxembourg Tel: +352 28 84 53 1

Hotel InnSide Luxemburg is not within walking distance to the swimming pool. A shuttle service will be available for the teams to bring them from the hotel to the pool and back to the hotel.

Thursday	Acc	Accommodation - Rate per night:		
26.01.2023	Breakfast Only	Half Board	Full Board	
Single	€ 135,-	€ 170,-	€ 200,-	
Double	€ 155,-	€ 225,-	€ 285,-	

Friday – Sunday	Accommodation - Rate per night:		
27 - 29.01.2023	Breakfast Only	Half Board	Full Board
Single	€ 115,-	€ 150,-	€ 180,-
Double	€ 135,-	€ 205,-	€ 265,-

### 4.2 Arrival / Departure

A shuttle service at arrival and/or departure is **only available after pre-reservation** through the OC and for the teams which have made their hotel bookings through the OC or directly at the hotel by using the special forms.

#### 4.2.1 Arrival

#### 4.2.1.1 Arrival by plane

At your arrival in Luxembourg by plane, please look for the Euro Meet welcome stand, Thursday only. For arrivals and departures, a shuttle service will be available between the airport and one of the official hotels.

#### 4.2.1.2 Arrival by train

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At your arrival in Luxembourg by train, the OC will pick you up at the train station "Gare Central Luxembourg". Detailed information regarding the contact point will be provided after final registration.

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#### 4.2.1.3 Arrival by car/bus

On your arrival in Luxembourg by car/bus please address yourself directly to the "Euro Meet welcome desk" at the Coque.

#### 4.2.2 Departure

Departure times of the teams/federations travelling by train or plane must be indicated at arrival by the head of delegation in order to organize transport in time to the airport or the train station. Please indicate your departure time and date while doing the online registration and confirm this information latest at your arrival. In case of any changes in your travel schedule please inform the responsible persons at the welcome desk immediately.

### 4.3 Transport

Teams which have not booked their hotel through the OC are responsible for their own transport.

#### 4.4 Meals

From Friday to Sunday lunch time, the OC proposes two options for meals:

- 1. You can book half or full board at the hotels (please refer to chapter 4.1)
- 2. You can book meals at the pool (Euro Meet restaurant)

For meals at the pool restaurant, please make your reservations latest by Monday January 9<sup>th</sup>, 2023 via the registration application. Meals have to be paid in advance.

Lunch and dinner at the pool (Euro Meet restaurant), cost €15 per meal and consist of pasta dish or meat with side dishes (salad or vegetables, bread, dessert) and a drink.

The final menu and the serving hours of lunch and diners will be available on our website under the category "Downloads" in due time.

For persons requiring special meals (Gluten, Lactose, Allergies e.g.) please contact the OC in advance.



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#### 5 Team Guide

#### 5.1 Welcome Desk

The "Welcome Desk" at the pool will open on Thursday, January 26th, 2023 at 9h00.

#### 5.2 Accreditation

#### 5.2.1 Team accreditations

Team accreditations will be issued to the team manager at the welcome desk. Accreditations must be picked up before entering the Aquatic centre and must be worn at all times while there. Athletes and coaches without their accreditations will not be granted access to the pool deck.

For renewal of a lost accreditation, the OC will charge € 10,- to be paid directly in cash or with credit card.

#### 5.2.2 Access control

All access doors and zones of the Aquatic centre will be guarded by security personnel. Access to the different zones will only be granted with your accreditation. For the access to the shuttle bus your accreditation will also be required.

### 5.3 Team Leaders Meeting

The Technical Meeting for all Team Leaders will be held on Wednesday, January 25<sup>th</sup>, 2023 at 20h00 via ZOOM.

### 5.4 Competition Office

The competition office is located on the pool level next to the diving platforms and the starting centre. The competition office is accessible to team leader's for withdrawals, protests and technical information.

#### 5.5 Withdrawals

Withdrawals from A- and B-Finals must be declared in writing to the competition office not later than 30 minutes after the display of the results of the respective event. Late withdrawals or a no show will be fined in accordance with FINA rules.

#### 5.6 Call room

The call room is located behind the diving pool (except for the 50m races, where it will be at the turn end). Athletes are fully responsible to be on time in the call room.

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#### 5.7 Victory Ceremony

Victory ceremonies for the A-Finals will take place immediately after the finals.

Victory ceremonies for the age groups will take place before the B-Finals in the afternoon. Athletes participating at the victory ceremonies are requested to come immediately to the podium after having been requested to do so by the announcer. Presence at the respective ceremonies is mandatory. Prizes will not be handed out if a swimmer misses his/her ceremony.

#### 5.8 Results

In the Aquatic centre a free wireless internet access will be available and results may be downloaded from the official website immediately after the end of the race.

The results will also be published at different points in the pool. Live-timing will be available on the website.

#### 5.9 Locker rooms

Locker rooms are located next to the entrance to the Aquatic centre. Keys for lockers are available at the main desk of the Coque with a deposit of  $\in$  15,-.

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